



**One of the best skills children can learn, opening up opportunities for fun, independence, activity and health for a lifetime.**

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**LEARN TO BALANCE AND RIDE (L2BR)**

- For children typically aged between 3.5 and 11
- 80% + of children are normally riding after 2 sessions
- 1 Instructor to max 5 children
- Balance bike and lightweight pedal bike for each child included in price
- 1 hour sessions

**Full course details at: [www.hertsbalance.uk/course-descriptions](http://www.hertsbalance.uk/course-descriptions)**

**Dates:**

**Monday October 26<sup>th</sup> and Tuesday October 27<sup>th</sup>**

Tudor Primary School, Hemel Hempstead, HP3 9ER.

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**Thursday October 29<sup>th</sup> and Friday October 30<sup>th</sup>**

The Ridgeway Academy, Welwyn Garden City, AL7 2AF

- **£38** for recommended two sessions and **£25** for one session.

For more information and to book, go to [www.hertsbalance.uk/public-schedule-booking](http://www.hertsbalance.uk/public-schedule-booking)  
email [phil@hertsbalance.uk](mailto:phil@hertsbalance.uk) or call Phil on 07941 061717.

Private L2BR, DBBC and Bikeability sessions are available for children and adults  
and families. Details at [www.hertsbalance.uk/private-sessions](http://www.hertsbalance.uk/private-sessions)