



## Who's in Charge

**A FREE\* 8 WEEK COURSE FOR PARENTS/CARERS LIVING WITH A STRONG-WILLED CHILD**

### **COURSE COVERS:**

- ENTITLEMENT VERSUS RESPONSIBILITY
- CONSEQUENCES
  - ANGER
  - ASSERTIVENESS
  - SELF-CARE
- COOPERATIVE FAMILY RELATIONSHIPS

**PROGRAMME CONSISTS OF 8 X 2 HOUR WEEKLY SESSIONS**

### **Dates**

14th October- 9th December 2026  
6.30-8.30pm(no session in half-term- 28th October)

**TIME: 6.30-8.30pm**

### **LOCATION:**

**Panshanger  
Primary school**

**To book a place, please scan the QR code or go to:  
<https://forms.cloud.microsoft/e/e3kdjYdaVt?origin=lprLink>**

\*Please note that this course is only available for free to our partner schools, details of which can be found here: <https://wgchathfieldschoolspartnership.com/our-schools/>

