

ST PHILIP HOWARD CATHOLIC SCHOOL NEWSLETTER

01707 263969

www.sphoward.herts.sch.uk

STARS OF THE WEEK

LAST WEEK -

1C - Eva, 1J - Leon,
2H - Chimerika, 2I - Riley,
3S - Jessarah, 3A - Samuel,
4G - Godwin, 4F - Rares,
5G - Rowland, 5A - Elodie,
6S - Daniela, 6TS - Evelyn & Yehan

THIS WEEK -

1J - Serena, 1C - Caoimhe,
2I - Zofia, 2H - Matei,
3S - Ellis, 3A - Mikal,
4G - Iasmina, 4F - Nakai,
5A - Neila, 5G - Ben,
6S - Zion, 6TS - Judah

UPCOMING EVENTS

Monday 28th September

Drama Workshop - Reception -
Year 2

Tuesday 29th September

Year 6 Mass at St Peter's

Thursday 1st October

School Census Day

**8.30am Rosary on the
playground**

Friday 2nd October

Year 5 & 6 Cross Country
Qualifiers at Onslow St
Audrey's



Dear Parents and Carers,

There was no newsletter last week as we had our Welcome BBQ. Thank you to the Friends for organising it and the many staff and parents who volunteered.

The Friends would be very grateful for any feedback in order to plan for an even more successful event next year.

<https://docs.google.com/forms/d/e/1FAIpQLSdjtDI6xN2HjXmasu5K7mbbp9j8us50wJ-0Q7h9KWqpT50JiA/viewform>

Education Sunday

It was a pleasure to see so many families join us for mass and over 100 children proudly representing the school in their uniform. The Cake Sale raised £315.41 which will be spent on bulbs and plants for the Prayer Garden.

Welcome Services

Year 5 were delighted to introduce and welcome their buddies in Sunshine and Rainbow Class to the school this week.

Rosary

October is the month of the Holy Rosary and our Chaplaincy Team will be leading a decade of the rosary, every Thursday on the big playground. Please join us.

Mairéad Waugh
Headteacher

FREE SCHOOL MEALS

Save up to £450 a year & supercharge our school's funding!

- Free healthy, hot lunches every day
- Saves you time and money every morning

Earns our primary school extra cash to support your child

You qualify if you receive **Universal Credit, Child Tax Credit, or Income Support.**

No Recourse to Public Funds (NRPF/NRTPF)?

You qualify too! All eligible children can get free meals regardless of immigration status. **(please visit the office)**

In Nursery, Reception, Year 1, or Year 2?

Please register anyway! It unlocks vital extra funding for our classrooms.

 It takes less than 3 minutes. Completely confidential.

CLICK HERE



HCL
NOURISH • EDUCATE • INSPIRE

**BURGER DAY
OCT 1ST**

MAIN MENU
Breaded Chicken Burger
or
Beef Burger
or
Breaded Bean & Vegetable Burger (Ve)
(Free From)

SERVED WITH
Baked Potato Wedges
Sweetcorn
Coleslaw

DESSERT
Chocolate Sponge
with Chocolate Custard

(Jacket Potato & Cold Options available where applicable)



Friends of St Philip Howard
The Friends of St Philip Howard

SCHOOL DISCO

Friday 16 October

TICKETS ON SALE SOON

DISCO 1 3.30-4.30	DISCO 2 5.00-6.00	DISCO 3 6.30-7.30
Y1/Y2 £4.50 TICKET & TREAT BAG	Y3/Y4 £3.00 TICKET ONLY	Y5/Y6 £3.00 TICKET ONLY

WE WILL BE SELLING SWEETS & TOYS AT DISCO 2 AND 3 ONLY. WE RECOMMEND PROVIDING YOUR CHILD WITH A MAXIMUM OF £5 FOR SPENDING

My First Library Adventure with Hertfordshire Libraries

Dear Parent / Carer

We are excited to invite your Reception child to join in with My First Library Adventure with Hertfordshire Libraries. By taking part, they can discover great books, enjoy their local library and be entered into a fantastic prize draw.

Taking part is easy! Your child needs to visit their local Hertfordshire library **twice before 19 December 2026**. They should bring their special **My First Library Adventure bookmark**, which they received at school. For each step of the Adventure they will collect a sticker on their bookmark.

How the My First Library Adventure works:

	Complete your Library Adventure to enter the Prize Draw Win a visit for your class with author Alice Hemming & illustrator Nicola Slater the award winning creators of <i>The Leaf Thief</i>! Plus 50 personalised signed picture books to be won! ★ Each time you complete a step of your adventure ask staff for a sticker for your bookmark. ★ It's easy to get a My First Library card – ask your grown up to bring proof of their name & address. Already have a library card? Bring it into the library to take part! ★ Spend time at the library discovering all the exciting books to borrow – there are 1000s to choose from ★ Take your completed bookmark to the enquiry desk by 19.12.26 to enter the prize draw Find out more about the My First Library card & Hertfordshire Libraries at www.hertfordshire.gov.uk/myfirst  	First visit to the library for stickers 1 & 2- Be, or become, a library member: • If your child already has a library card in their name – they show it to a member of staff or library volunteer • If they are not a member yet, your child can join the library. Please bring proof of your name & address Take home books to read: • choose and borrow one or more books • ask a member of library staff or library volunteer for the first two stickers on the bookmark At home: enjoy sharing the book(s) together Second visit to the library for sticker 3&4- • return the book(s) to the library • your child tells us about their favourite book • enter the prize draw
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Prize Draw

Hertfordshire Libraries are delighted to be working with author Alice Hemming and illustrator Nicola Slater, creators of the popular *The Leaf Thief* picture book series.

Children who complete their Library Adventure will be entered into a prize draw. Prizes include:

- 2 children winning a special whole-class visit to their local library for a read-and-draw-along session with Alice Hemming and Nicola Slater.
- 50 children winning a personalised book from *The Leaf Thief* series.



See the video about last year's My First Library Adventure promotion with Ged Adamson



Scan the QR code to find out more about the My First Library Adventure in 2025-26 and see the prize winners and their classmates enjoying a Read and draw-a-long with the author and illustrator Ged Adamson. (links to YouTube)

Why join the library?

Children love to choose their own books, and it's free to join and borrow books from the library – just remember to bring them back on time or renew them if you want them for longer. Using the library regularly can help save money as you are borrowing and not buying, which is environmentally friendly too. Find out more at www.hertfordshire.gov.uk/myfirst



You can find the addresses and opening times of all Hertfordshire Libraries at www.hertfordshire.gov.uk/libraries

In your local library you will find hundreds of books to choose from so there is always something new to discover!

- picture books – to enjoy together
- beginning to read titles - to build your child's confidence as they learn to read
- information books – to spark their interest in learning about the world
- eBooks and eAudiobooks (including picture books) online and via the BorrowBox app – www.hertfordshire.gov.uk/ebooks



When you visit the library, please ask for a 'My First Day at School' certificate too. We look forward to presenting your child with theirs to celebrate this special milestone.

We look forward to seeing you at your local library soon.



www.hertfordshire.gov.uk/libraries



Family Support

We are pleased to inform you that we have been updating our school website and have transferred all posters, advertising Family Support Services, Family Events and Activities onto our Parent's Page.

To access additional information, please use the links available within the thumbprint posters below, or alternatively directly through our [School website](#).

Welwyn Garden City & Hatfield Schools Partnership

Who's in Charge

A FREE* 8 WEEK COURSE FOR PARENTS/CARERS LIVING WITH A STRONG-WILLED CHILD

COURSE COVERS:

- ENTITLEMENT VERSUS RESPONSIBILITY
- CONSEQUENCES
- ANGER
- ASSERTIVENESS
- SELF-CARE
- COOPERATIVE FAMILY RELATIONSHIPS

Dates: 14th October- 9th December 2026
6.30-8.30pm (no session in half-term- 28th October)

TIME: 6.30-8.30pm

LOCATION: Panshanger Primary school

PROGRAMME CONSISTS OF 8 X 2 HOUR WEEKLY SESSIONS

To book a place, please scan the QR code or go to: <https://forms.cloud.microsoft/e/63kdjYdaVt?origin=lpLink>

*Please note that this course is only available for free to our partner schools, details of which can be found here: <https://wgcs-hatfield-schools-partnership.com/our-schools/>

coram family lives

Dads Together

Sign up to our 6-week online group

Are you a dad and feel like you are constantly nagging at your child to get what you need?

The sessions will cover:

- Exploring what helpful discipline is.
- Recognising the triggers and responding more effectively.
- Learning new parenting tools to challenge children's behaviour
- How to negotiate and implement effective boundaries and family agreements
- How to hold boundaries and gain co-operation

Dates: Wednesday 4th November to 9th December 2026
7.00pm to 9.00pm
Online via MS Teams

To book your place, call Lesley on 0204 522 8701, email services@coramfamilylives.org.uk or scan our QR code to use our online referral form

We build better family lives together

www.coramfamilylives.org.uk

Funded by Hertfordshire County Council

OPEN EVENING

Nurture | Believe | Succeed

Please join us on

Thursday 1st October 2026
5pm-8pm

For more details scan the QR code or visit: nbs.herts.sch.uk

Quality & Excellence

coram family lives

Parenting when separated for parents of SEN children - online programme

Come along to our six-session programme, specifically tailored to help separated parents navigate the complexities of co-parenting and provide the best possible support for their SEN child. This is a valuable opportunity to enhance co-parenting skills, support children's development and build a strong foundation for the future.

The programme includes:

- Understanding SEN and its impact on children and family dynamics
- Effective communication skills
- Managing emotions and stress
- Collaborative problem-solving
- Building a supportive network
- Creating a unified parenting approach

Dates and times

Session 1: Tuesday 12th and 20th October, 11am-12pm and 2nd November 2026
Time: 11.00am to 12.00pm

Session 2: Wednesday 14th and 21st October, 4pm-5pm
Time: 4.00pm to 5.00pm

This will be delivered online via MS TEAMS

For more information or to make a referral, scan the QR code, email services@coramfamilylives.org.uk or call 0204 522 8700 or 0204 522 8701

We build better family lives together

www.coramfamilylives.org.uk

Funded by Hertfordshire County Council

APEX

HEALTHY, ACTIVE, FUN! BEST HALF TERM EVER!

MULTI ACTIVITY OCTOBER HOLIDAY CAMP

FOR BOYS & GIRLS AGED 5-12

10% OFF UNTIL 10th OCT

TAX-FREE CHILD CARE ACCEPTED

Ofsted Registered

PRICES FROM £35 PER DAY

DATES: MON 26th - FRI 30th OCTOBER 2026

VENUE: HERTS SPORTS VILLAGE HATFIELD AL10 9EU

BOOK NOW!

APEX360.CO.UK

Newsletter

Summer 2026

Community Awareness Walk

It all started with a conversation on a Tuesday morning. Following the end of some funding in March, we had to stop our weekly supermarket delivery that we had come to rely on. This led to discussions about the reduction in local government funding and the increasing challenges facing charities across the sector.

As often happens at the footbank, challenge quickly turned into opportunity. A couple of our wonderful volunteers put their heads together, full of ideas and determination, and soon came up with the fantastic concept of a September Community Awareness Walk. The event had several aims: bringing people together, opening our doors to the wider community, raising awareness of the work of the footbank, and hopefully generating some much-needed funds.

We need not have worried. Hatfield responded in the most incredible way. We walked, talked, shared stories, raised awareness and celebrated the strength of our community. Thanks to the remarkable generosity of our wonderful community, an amazing £1,700 has been raised to date. Plus G&A, who will help us provide food, toiletries and essential support to local people in need, as well as contribute towards the running costs of our footbank.

To everyone who walked with us, encouraged us, spoke about us, volunteered their time or donated so generously, thank you. We are truly overwhelmed by your support and incredibly grateful to be part of such a caring and compassionate community.

www.hatfield-footbank.org.uk

Beezee by maximus

Ready to unlock the secrets of healthy eating on a budget?

Date: Thursday 24 Sep '26 **Time:** 12:30 - 1:30pm

Join us for a **FREE** one-hour workshop to get practical tips from our nutritionists. During your time with us you can:

- Discover low-cost healthy swaps
- Understand the importance of meal planning
- Get tips to stick to your shopping list and budget
- Learn about different cooking methods
- Ask questions and get free resources!

Secure your **FREE** spot today

Click me to sign up

what@hertsmaximus.co.uk

01707 248648

Hertfordshire

FREE talk for parents
22 October 7-8pm

If you don't have time to listen
Just book online and receive a link to the recording available for 48 hours

ADHD & Homework
info@facefamilyadvice.co.uk

british certified trainer

Beezee by maximus

Sign up to our **FREE** masterclass

How to support children with a limited diet?

Date: Monday 28 Sept '26 **Time:** 5:30 - 6:30pm

This one hour session will be led by our nutritionists who can help you understand more about limited diets and offer their expert support. By signing up, you can:

- Share challenges and tips with like-minded parents/carers
- Join an informal, inclusive and non-judgemental atmosphere
- Get lots of practical tips you can use for your family

This is available to all parents, whatever your child's age.

Secure your **FREE** spot today

Click me to sign up

what@hertsmaximus.co.uk

01707 248648

Hertfordshire

Beezee FAMILIES

FREE Healthy Lifestyle support for families in Hertfordshire

Our **FREE** 12 week in-person programme starts on 14th Sept 2026, with an intro call beforehand

Monday	Tuesday	Wednesday	Thursday
WATFORD Leavesden Green Community Hub WC22 0BW 5:00 - 7:00pm	CHESTER Oakview Primary School EN7 6LB 5:00 - 7:00pm	STEVENAGE Oval Community Centre SG1 5ND 5:00 - 7:00pm	** NO SESSION **
** NO SESSION **	HEMEL Hempstead Hobbs Manor Junior School HP2 5JS 5:00 - 7:00pm	BORHAMWOOD St Michael's & All Angels Church Hall WDE SEQ 5:00 - 7:00pm	** NO SESSION **
ONLINE (10 weeks) (ages 5-8) 5:30 - 6:30pm (ages 9-12) 6:30 - 7:30pm	ONLINE (10 weeks) (ages 5-8) 5:30 - 6:30pm (ages 9-12) 6:30 - 7:30pm	ONLINE (10 weeks) (ages 9-12) 5:30 - 6:30pm	** NO SESSION **

Scan to find our online timetable!

what@hertsmaximus.co.uk

01707 248 648 Hertfordshire

FACE FAMILY ADVICE

ADHD & Homework
info@facefamilyadvice.co.uk

british certified trainer

Secure your **FREE** spot today

Click me to sign up

what@hertsmaximus.co.uk

01707 248648

Hertfordshire

Groups and workshops coram family lives

Autumn 2026

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

Monday 5th October to 16th November, 7pm to 9pm OR
Friday 6th November to 11th December, 9.30am to 11.30am

If your child has ADHD/ASD, or you think they might, join our online 6-week group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Tuesday 6th October to 17th November, 9.30am to 11.30am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Dads Together (6 weeks) Online group

Wednesday 4th November to 9th December, 7pm to 9pm

Are you a dad who feels you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online 6-week group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Anxiety around ADHD Online Workshop

Wednesday 2nd October 9.30am to 11.30am

Sibling Rivalry Online Workshop

Monday 9th November 9.30am to 11.30am

Reducing Conflict Online Workshop

Wednesday 26 November 7pm to 9pm

It's a Dad's Life Online Workshop

Thursday 26 November 7pm to 9pm

Navigating the Storm (Teens) Online Workshop

Wednesday 2 December 9.30am to 11.30am

For more info, please contact Louise on 0204 522 8700/8701 or email services@coramfamilylives.org.uk or scan the QR code for our online form.

All our programmes provide support, information and resources to parents, carers and adult family members in Hertfordshire so they can help their children reach their full potential.



We build better family lives together

www.coramfamilylives.org.uk @coramfamilyliveshertsandbeds

Funded by Hertfordshire County Council

Coram Family Lives is registered as a company limited by guarantee in England and Wales No. 387762, Registered charity No. 1077722. Registered address: Coram Family Lives, Coram Campus, 41 Rusesick Square, London, WC1N 1JZ.

Halloween at church farm

24th - 31st October

Visit Church Farm Ardeley
A real working farm!

- Spooky Farm Trail to see the farm animals & Halloween Décor
- Big Bale Play
- Tractors & Digger Ride-Ons
- Creepy Fairy Woodland Play
- Spooky Photo Opportunities
- Spot the Pumpkin & sweet treat prizes
- Scarecrow Trail
- Find the Spooky Fairy Doors
- Find your unique Witch and Halloween name
- Spooktacular Costume Sockers for the best dressed boys, girls & dogs
- Halloween Activity Pack: I've Been to Church Farm Sticker
- Puzzles and Colouring-in fun
- Farm Sensory Trail

Additional Activities

- Pumpkin Picking & Carving
- Trick or Treating in our Spooky Wood (4-6pm)
- Horrid Hay Tractor & Trailer Rides
- Eerie Egg Collecting
- Ghoulish Goat Walking

Book online www.churchfarmardeley.co.uk

CHURCH FARM, ARDELEY
A Free Range Experience

IGNITE YOUTH CLUB

EVERY FRIDAY 5:00 - 6:00 PM

ST PETER'S CHURCH HALL, AL10 9HN

EVERYONE IS WELCOME

CLUB FOR AGE 7 - 11

CALL 07557 819858

FRIENDS - FUN - FAITH

TELEPHONE SURGERY

Wednesday 14th October
9.30am-11.30am

Are you in need of some Advice and Guidance and would like to speak with one of our School Family workers?

Please book a 15 minute call using the Link below or click on the QR code

Booking link
<https://forms.cloud.microsoft/e/ssg9LTyTq?origin=ipLink>

This link gives parents access to all the Space Training and Workshops available.

<https://www.eventbrite.com/cc/training-courses-and-workshops-5469/?aff=escb&utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-source=cp&utm-term=odclxcollection>

POTENTIAL KIDS				OCTOBER 2026 ACTIVITIES			
Date				Sessions			
3rd	Thu	15th	22nd	Bushcraft/STEM Home Ed 4+		10.30	Potential to Grow Garden
17th	Thu	25th	3rd	Youth Club 11-16 (yr7-11)		6.30-7.30	The Hub@The Galleria
2nd	Fri	9th	16th	Gardening for Wellbeing		10.30	Potential to Grow Garden
2nd	Fri	9th	16th	Parent /Carer Wellbeing		12.30	Potential to Grow Garden
3rd	Sat			Tech support		10.00	The Zone@The Galleria
6th	Tue	13th	20th	Coding & Game Design Home Ed 6-12yrs		1.00	The Zone@The Galleria
8th	Thu	22nd		Trampolining 5+		6.30	Gosling Sports Centre WGC
18th	Fri			Youth Group 16+		6.30	The Hub@The Galleria
23rd	Fri			Skateboarding 9+		5.30	The Pioneer Club
27th	Tue			Half Term Halloween Fun		10.30	Potential to Grow Garden
27th	Tue			Half Term 3D Printing 6-12		1.00	The Hub@The Galleria
27th	Tue			Half Term Roller Skating 8+		6.00	Roller city The campus WGC
29th	Thu			Half Term Trampolining 5+		6.00	Gosling Sports Centre WGC
29th	Thu			Half term Pony Morning 5-11		10.00	Danecroft Stables
31st	Sat			Potential tracks 10+		1.00	The Hub@The Galleria
31st	Sat			Family Football 7+		4.00	Birchwood Leisure Centre
				Dungeons & Dragons 12-adult		8.00	
				Contact for details			

info@potentialkids.org potentialkids.org.uk/events

the galleria

SPORT ENGLAND

WELWY HATFIELD

Hatfield Town Centre EVENTS 2026

HATFIELD OUR PAST, OUR STORY

SATURDAY 3 OCTOBER 2026 • 11AM - 4PM

MARKET PLACE

one.welhat.gov.uk/events

ALL activities FREE

FOOTBALL FUN FACTORY IS COMING TO HATFIELD!

SIGN UP FOR A FREE 3-WEEK TRIAL TODAY!

SCAN TO BOOK

Hertfordshire Sports Village
Coming in October!
Ages 5-12 years old

Fun and inclusive football coaching sessions for boys and girls of all abilities!